

# Marta Barys

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## PROFESSIONAL GOAL

Seeking an internship position in Sodexo Dietetic Internship where I can utilize my skill set and educational & experience background to effect positive change in the community.

## EDUCATION

**California State Polytechnic University, Pomona** June 2018  
Bachelor of Science in Foods and Nutrition: Dietetics Option, **CPP GPA: 3.72**

**Fullerton College** June 2016  
Associate of Arts Degree in: Food and Nutrition, **GPA 3.72**

## SUMMARY OF SKILLS

- Experience with ESHA food labeling analysis program
- ServSafe Manager Certification
- CITI (Collaborative Institutional Training Initiative) Certification
- Polish (full professional fluency)

## VOLUNTEER EXPERIENCE

**Dr. Riba`s Health Club, Santa Ana, CA** May – Present

- Shadowed and interacted with Registered Dietitians during patient visits
- Created and designed education pamphlets using Power Points and Excel
- Analyzed and inputted patients' information into the program
- Prepared food, set up, and organized a room for food tasting for patients and their families
- Organized games and assisted with fitness classes for 15+ children in age 6-10

**Project Angel Food, Los Angeles, CA** May-June 2017

- Collaborated with multiple chefs to prepare meals for 200+ community members
- Portioned the meals and assisted with preparation of tray lines
- Cleaned and sanitized kitchen

**Inland Valley Hope Partners** May 2017

- Distributed WIC coupons at Farmers Market and helped to sell a bread
- Helped to organize and run a successful Saturday food drive
- Worked on Amy`s Farm harvesting fresh vegetables and separating them for local bank

**Cal Poly Pomona, Career Center** Oct/Nov 2016

- Career Fair/Graduate and Professional School Fair – helped with food delivery and beverages supply

## **CAND, Orange County District Member Meeting**

Nov 2016

- Set up breakfast tables, helped with organization (welcoming, directions, cleaning up)

## **HONORS**

- Dean`s List: 4 quarters, California State Polytechnic University, Pomona
  - Phi Upsilon Omicron, National Honor Society
- January 2017 - Present

## **ACTIVITIES**

- Food and Nutrition Forum, California State Polytechnic University, Pomona
- Sept 2016 - Present

## **ACADEMIC PROJECTS**

### **Group Presentation at International Polytechnic High School, Winter 2017**

- Created PowerPoint slides, brochure, and activity to show the importance of the nutrients on the performance.
- Compared examples of meals that can be eaten before and after a training.
- Discussed the importance of the well-balanced diet.

### **Presentation and Analysis of Research Study, Fall 2016**

- Created presentation to discuss effects of vegan diet on weight-loss.
- Created graphs and tables to demonstrate impact of vegan diet on weight and macronutrient intake.
- Analyzed and possible modification for future research studies.