

COMMUNITY NUTRITION:  
PROJECT ANGEL FOOD &  
INLAND VALLEY HOPE PARTNERS

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**Spring 2017 - FN346LS.02**

# OVERVIEW

- Project Angel Food & Inland Valley Hope Partners
  - What they are all about
  - Population they serve
  - How we were able to help
  - Our experience



# PROJECT ANGEL FOOD: MISSION & GOALS

- Provide food & nutrition to the critically ill
- Medically tailor recipes for health benefits
- To be a reliable lifeline during a tough time

## FOOD IS MEDICINE

Lowering Healthcare Costs with  
Medically Tailored Nutrition

### Did you know?

1 in 3 hospitalized patients is malnourished on admission



Nourished

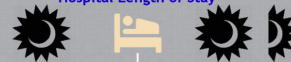
Malnourished



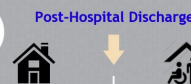
# of Hospitalizations



Hospital Length of Stay



93%  
to home



Post-Hospital Discharge

72%  
to a facility



Likelihood of Readmission in 15 Days

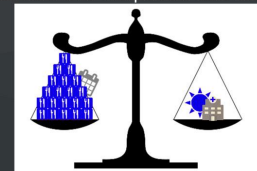


38%

Overall Healthcare Costs



Nutrition is an Inexpensive Intervention



Feed someone for 1/2 a year  
for the same cost as 1 day in the hospital

#foodismedicine

# PROJECT ANGEL FOOD: HOW THEY HELP

- Answering the call
  - Medical verification
  - Meal service initiated as quickly as possible
- Nutritional services
  - RDs develop meal plans specific to the disease and treatment
  - Nutritional counseling
- The kitchen
  - Open 6 days a week, starting at 8am
  - Chef run, volunteer based
  - Fresh ingredients
- Delivering meals and hope
  - Deliver meals over 4,000 square miles over LA



# PROJECT ANGEL FOOD: POPULATION

- Men, women, and children who are suffering from a critical illness
- Those too weak to be able to shop, cook, or care for themselves
- Reside within Los Angeles County
- Many are struggling with poverty



# PROJECT ANGEL FOOD

## The Numbers

- Meals delivered since 1989:  
>10 million
- Meals projected for 2017:  
565,000
- Average meals delivered  
weekly: 10,858
- Volunteer hours: 32,775
- Full-time staff: 32

## Primary Diagnosis:

- Cancer 27%
- HIV/AIDS 24%
- End Stage Renal Disease 15%
- Congestive Heart Failure 15%
- Emphysema 6%
- Stroke/CV 5%
- Diabetes 3%
- Alzheimers 2%
- Other 4%



# PROJECT ANGEL FOOD

- Worked with Robert Cliff, Volunteer Service Associate
- Volunteered with various jobs in the kitchen
- Completed two 4.5 hour shifts, total 9 hours
- Would recommend working with Project Angel Food



# INLAND VALLEY HOPE PARTNERS: MISSION & GOALS



- Brings together faith communities, businesses, individuals and community groups to ensure the empowerment of people in need
  - Provides food, shelter and supportive services
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# INLAND VALLEY HOPE PARTNERS: POPULATION

- Homeless, no or low income families in the east end of Los Angeles County and the west end of San Bernardino County
- Serves approximately 75,000 children, women, and men annually
- Food Security, Housing and Healthy Living Programs





## Healthy Living Program

- Pomona Valley Certified Farmers` Market
- Amy`s Farm
- Gleaning Hope Program

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# INLAND VALLEY HOPE PARTNERS



# FARMERS' MARKET

## HOW IT WORKS

Eating healthy is easier when you have access to fresh, affordable choices.

**1** Find the farmers' market nearest you that offers Market Match incentives. You can use our [NEW Farmers' Market Finder page](#) for information on which Farmers' Markets across the state participate in CalFresh, WIC, and Market Match.

**2** Use your CalFresh EBT card (and sometimes your WIC benefits.) Ask at the market's information booth or the market manager how to use your CalFresh EBT card. The market staff person will swipe your card, and you will receive CalFresh EBT tokens or vouchers to spend on any eligible food item at the market.

**3** Receive your Market Match scrip. The market staff person will match your CalFresh and WIC benefits, providing you with Market Match tokens or vouchers to spend on fruits and veggies.\*

**4** Get more fruits and vegetables. Spend the Market Match tokens or vouchers with any farmer in the market that sells fruits, vegetables, or fresh-cut herbs.



# INLAND VALLEY HOPE PARTNERS: FARMERS' MARKET/WIC BOOTH

- The only local farmers' market that accept
  - WIC benefits
  - Market Match program
  - CalFresh EBT card benefits
  - Senior Farmers' Market Nutritional Program

# INLAND VALLEY HOPE PARTNERS: AMY'S FARM



# INLAND VALLEY HOPE PARTNERS



## VOLUNTEER LUNCHEON & FOOD DRIVE



# INLAND VALLEY HOPE PARTNERS

- Worked with Ron Crampton,  
Volunteer Coordinator
- Volunteered at different  
locations
- Completed hours
  - Marta : 22.5 hours
  - Mindy : 17 hours
- Would recommend working with Inland Valley Hope Partners



# CONCLUSION

- Dietitians deal not only with food and diets
- Had good experiences at these locations
- Would recommend partnering with these sites
- Depend a lot on volunteers, who are reliable, organized
- Required a lot of dedication
- Networking important not only for us, but also organizations

*“Volunteers are not paid -  
- not because they are worthless,  
but because they are priceless.”*





ANY QUESTIONS?

# REFERENCES

- "...Rooted & Grounded in Love"." *Amy's Farm | Ontario, CA 91762 | Tours, Education, Workshops*. N.p., n.d. Web. 07 May 2017.
- "About." *Market Match*. N.p., n.d. Web. 05 May 2017
- Project Angel Food - Project Angel Food*. N.p., n.d. Web. 07 May 2017